



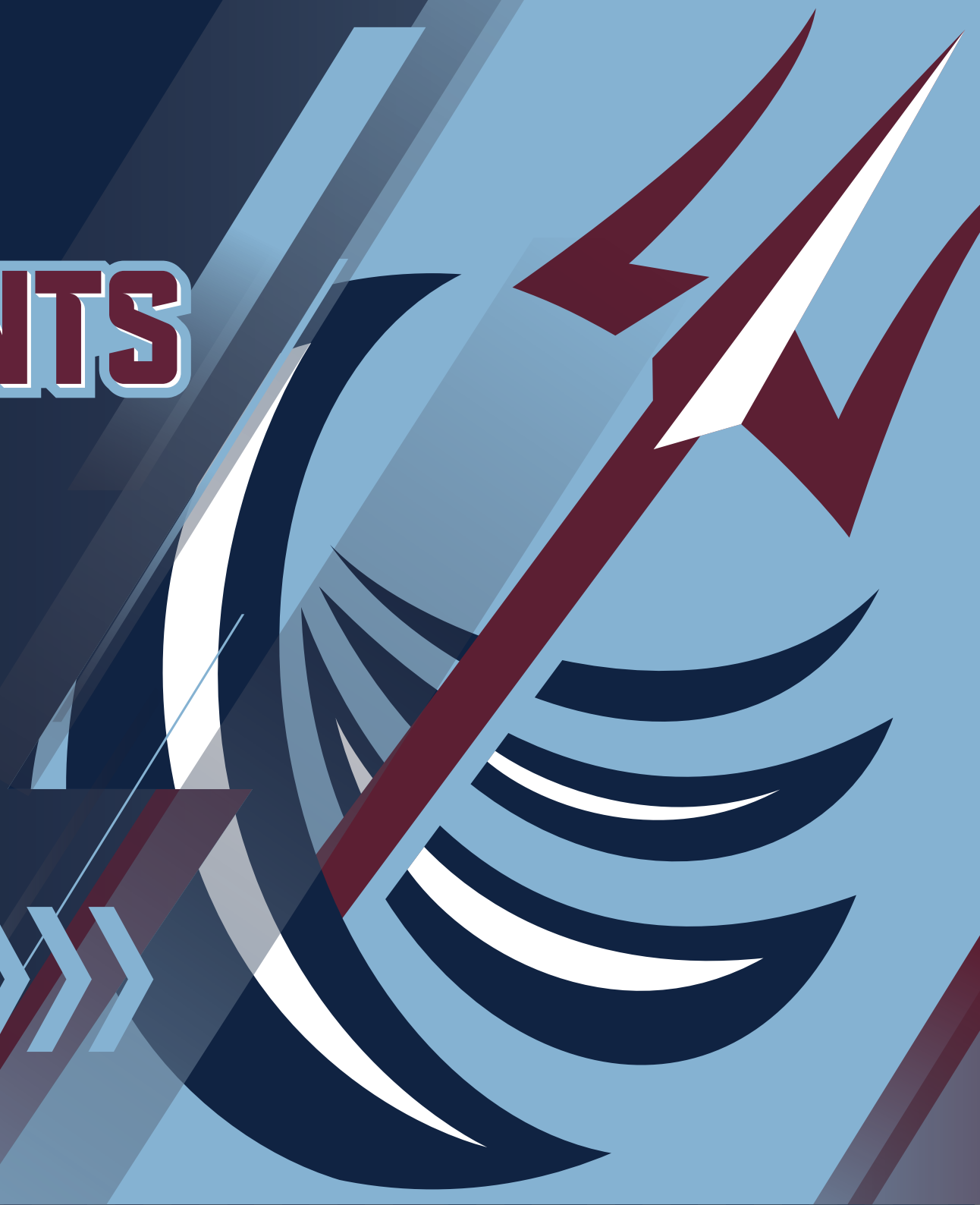
Spanning the remarkable beaches of the North Shore, the rugged Kaipara Coast, the expanse of Bream Bay to the stunning waters of the Bay of Islands and beyond, the people of this northern region are united by, and live for, the ocean.

So what better identity to build a team around than the spirit of the TRIDENT, the iconic weapon of choice for Poseidon - the legendary God of Sea. The immortal ruler of the sea, and everything that lives in it.

Poseidon possessed superhuman strength, agility, endurance, stamina and flight. Able to command tempests and winds, he can create titanic waves and unleash titanic storms on those who dare to challenge him. This is the spirit of the TRIDENTS.

Beware anyone who enters our territory. We will take you to our deepest waters...very deepest waters!

And while Poseidon's weapon of choice is the iconic trident, our 'trident' is a ferociously powerful stick, of which we have many!



## WOMEN'S SQUAD

Olivia Crum

Stephanie Dickins

Katie Doar

Madison Doar

Izzy Gill

Erin Goad

Ella Gunson

Sophie Hildesley

Ella Hyatt Brown

Kate Ivory

Tyler Lench

Clodagh McCullough

Stacey Michelsen

Kathryn Moffitt

Kirsten Pearce

Jess Pilmer

Samantha Polovnikoff

Kayla Reed

Brooke Roberts

Rose Tynan

Madeleine Williamson

## MEN'S SQUAD

Cory Bennett

Ruan Bezuidenhout

Robbie Capizzi

James Coughlan

Benji Edwards

Steve Edwards

Connor Greentree

Angus Griffin

Xavier Guy

Mitch Hayde

Kim Kingstone

Isaac Houlbrooke

Sam Houston

Richard Joyce

Richmond Lum

Liam Mortimer

George Muir

Netesh Sukha

Matthew Symonds

Kieran O'Connor

Charl Ulrich

## TRIDENTS WOMEN'S STAFF

HEAD COACH **Jude Menezes**

ASSISTANT COACH **Colin Stewart**

ASSISTANT COACH **Sandra Mackie**

MANAGER **Kim Jordan**

PHYSIO **Tracey Lydiard**

## TRIDENTS MEN'S STAFF

HEAD COACH **Bryce Collins**

ASSISTANT COACH **Graham Shaw**

MANAGER **Casey Henwood**

PHYSIO **Paul White**

